### SACRED HEART COLLEGE

# Sun Safe Policy



### Rationale

Australia has the highest incidence of skin cancer in the world. Both staff and students spend time in the sun during their time at school and should be encouraged to protect themselves from the sun's harmful UV rays.

## **Policy**

Staff and students at Sacred Heart College should take all necessary precautions against exposing themselves to harmful sun rays. Appropriate protective clothing, including headwear should be worn and Cancer Council approved sunscreen (SPF 30+) should be used on exposed skin areas.

#### Aim

To have a policy that educates as well as protects staff and students against harmful UV sun rays.

#### **Implementation**

- Staff and students will be educated about Sun Safety.
- All staff and students will be actively encouraged to wear a broad-spectrum sunscreen (SPF 30+) during terms
  1 and 4 when undertaking outside activities and when the UV rating is above 3.
- Sunscreen will be provided in the staffroom and on excursions for use by staff.
- All parents and caregivers will be encouraged to supply the approved sunscreen for their children to carry for their own personal use.
- No student or staff member will be required by the school to wear sunscreen against their wishes.
- Staff and students are able to use their own personal sunscreen as an alternative to school-supplied sunscreen, but coloured zinc styled creams or the like will generally not be permitted.
- Students at the Champagnat Campus are required to wear the College's wide brimmed hat or cap only when out in the sun. Marcellin Campus students are encouraged to wear protective hats or caps when out in the
- All students will wear protective clothing where possible to limit the impact of UV damage when participating in outdoor sports, physical education classes or on excursion and camps or retreats. Appropriate sunglasses are also encouraged to be worn.
- Staff and students will be encouraged to use shaded areas as much as possible when outside, thereby modelling Sun Smart behaviour.

Policy Title	Sun Safe Policy
Ratified by Executive and College Council	February 2022
Policy due for review	February 2025

